



**HOLY FAMILY**  
**CATHOLIC CHURCH**

FAITH FORMATION

# Family Faith Formation

**Welcome  
Parents,  
Grandparents,  
Godparents, and Mentors**



## What is *Family Faith Formation*?

Our catechetical efforts will strive to form **Holy Families** that actively participate in the Church's mission, becoming the hands and heart of Christ in the Orlando area.



# Parish Mission Statement

We seek to deepen our relationship with God and fulfill Christ's mission of authentic love through worship, evangelization, and service.







# ***Evangelization and Pastoral Ministry Vision Statement:***

The guiding principles for the Evangelization and Pastoral Ministry are to **explore the Christian message through Scripture and Tradition, nurture faith, deepen prayer, foster community, and form disciples.**



***“Catechesis is a life-long process of conversion, formation, and education that seeks to lead all God's people to a deeper relationship with God through Jesus Christ.”***



- **Families** will be our key center for Catechesis. Through our parish catechetical ministry people of all ages are invited to intergenerational “Family Faith Formation.”

- **Children** to learn about the faith in a “VBS or Club” style of format. This will allow multisensory learning through song, activities, and crafts. Catechesis will be at home through lessons taught by the parents utilizing stories and activities.

- **Confirmation Sacramental Preparation** for middle school and older youth will have a multi-sensory learning through videos, peer discussions, and home lessons with their parents.

- **Confirmed Youth** will have the opportunity for catechesis through leadership on the Family Catechesis nights’ children programming and through youth ministry activities.

- **Young Adults** encouraged to participate in intergenerational Family Formation nights and Young Adult Ministry.

- **Grandparents, Godparents, and Mentors**, have a necessary role and responsibility in intergenerational Family Formation.

- **OCIA and Adult Sacrament programs** will form adults seeking their sacraments with year-round sessions.





# WEEKLY HOME LESSONS

- Learning is made fun through the use of games, activities, stories, memory verses, quizzes, and audios/music.
- Lessons immerse families into the life and seasons of the Church and cooperate with the liturgical cycle.





## Packets

During the monthly gathering at the parish, families are given a packet of weekly lessons\* to use at home throughout the rest of the month. These Home Lessons are easy to use and have been developed and used by parents amidst typical busy family life. The lessons bring the whole family together to study and then apply the teachings to their day-to-day life.

**\*Packets will be one per family, in English.**





## WHAT'S THE POINT?

This is a beginner's overview of the Bible. Grab your family's Bibles to explore its contents and to learn the basics on how to use it.

## BE PREPARED

Have your Bible(s) on hand, as well as several bookmarks or post-it notes.

## Lesson

What do you know about the Bible?

Do you think it is a big book that is only for adults to read?

Do you think it is a long list of rules?

Do you think it is filled with boring stories of people who lived a long time ago?

Well, if this is what you think, you are partly right.

The Bible is for adults, but a lot of it is also just right for kids to read. The Bible does give us some rules, but mostly it is a story of God's love for us and how following the rules is the key to our happiness. The Bible does contain stories of people who lived long ago, but they are stories filled with adventure and romance, fierce battles and brave warriors, daring princesses, great miracles



Scan the QR code to  
**Go Deeper** with this  
month's lessons.



Family Formation is designed

SCAN HERE



ance, but all  
index page to help

readers, play a game  
or they can use the

# Home Lessons

- Each lesson contains stories, activities, and parent supplemental information.
- QR codes link to online content and memory work songs.
- There are QR codes to bring parents wanting to Go Deeper more engaging content and videos.





# Pre-school and Spanish options:

Print materials Purchased at:  
**Familyfaithformation.NET**

Spanish supplements to English  
**content:** Contact  
[Jdiaz@holyfamilyorlando.org](mailto:Jdiaz@holyfamilyorlando.org) for  
more information

Home Lesson



The Bible tells us how  
much God loves us.

## PREPARATION/SUPPLIES

If possible, gather a pile of different kinds of books, including a Bible or Bible storybook for the introduction of this lesson. Read the "Love and Respect for God's Word" activity and plan what will work at your house. Gather paper for the paper airplane activity.

## START WITH PRAYER

Dear Jesus, we love You and we thank You for the wonderful gift of the Bible and for all the ways it tells us about Your love for us. Help us to listen and learn, and especially help us to love You more and more. Amen.

## Lesson

Looking at the variety of books you have gathered:

There are many different kinds of books, but one of these is different from all the rest. [Pick up the Bible/Bible picture book.] The Bible teaches us about God. The Bible is a book full of the messages that God has written to us. It is written by people who were guided by God many, many years ago, but the words are just as important today as they were long ago when it was first written.



## FLYOVER VIEW OF THE BIBLE

Pages of the Bible tell us one great story of how

## LOS BÁSICOS DE LA BIBLIA PARA PRINCIPIANTES

CIMIENTOS Lección en Casa

Mes 4-Semana 1

### ¿CUÁLES EL PUNTO?

Esta es una descripción general de la Biblia para principiantes. Toma las Biblias de tu familia para explorar su contenido y aprender los conceptos básicos sobre cómo usarlas.

### ESTÉN PREPARADOS

Ten a la mano tu (s) Biblia (s), así como varios marcadores de libros o papelitos adhesivos.

## Lección

¿Qué sabes de la Biblia?

¿Crees que es un libro grande que es solo para que lo lean los adultos?

¿Crees que es una larga lista de reglas?

¿Crees que está lleno de historias aburridas de personas que vivieron hace mucho tiempo?

Bueno, si esto es lo que piensas, en parte tienes razón.

La Biblia es para adultos, pero gran parte de ella también es perfecta para que la lean los niños. La Biblia nos da algunas reglas, pero sobre todo es una historia del amor de Dios por nosotros y cómo seguir las reglas es la clave de nuestra felicidad. La Biblia contiene historias de personas que vivieron hace mucho tiempo, pero son historias llenas de aventura y romance, feroces batallas y valientes guerreros, maravillosas princesas, grandes milagros y la historia de amor que jamás haya existido!



# Reconciliation and First Holy Communion

age requirement: 2nd grade or older

**The norm for sacramental preparation in the Diocese of Orlando is a two-year**

**process:** one year of regular attendance at Faith Formation and one year of immediate preparation in a sacrament-specific program.


**Here's what this looks like at Holy Family:**

<b>Year 1</b> <i>(typically 1st grade)</i>	<b>consistent participation in a Faith Formation program</b>
	<b>options:</b> religious education through a Catholic school or homeschooling curriculum, <b>OR</b> Faith Formation at the parish
<b>Year 2</b> <i>(typically 2nd grade)</i>	<b>continued participation in a Faith Formation program + immediate preparation for Reconciliation/First Communion</b>
	<b>What does this entail?</b> Reconciliation workshop, Teaching Mass, and completion of at-home workbook





# Bilingual text is side by side for the Sacramental Preparation Lessons.



VENIO Y ADORE

Formación Familiar - Preparación Sacramental

## La Eucaristía

Primera Comunión: Lección 2

**PARA MEMORIZAR:**  
Practica el verso asignado.


**SUMINISTROS NECESARIOS:**  
Biblia, lápiz o bolígrafo

**ANTES DE EMPEZAR:**

1. Padres: lean esta lección
2. Enciendan una vela para recordarles que Jesús está con Uds.
3. Recen, pidiendo al Señor que bendiga su tiempo juntos.

**MILAGROS DE JESÚS**  
Jesús cura a un niño (Juan 4,46-54)

Y fue otra vez a Caná de Galilea, donde había convertido el agua en vino. Había allí un funcionario real, que tenía su hijo enfermo en Cafarnaúm. Cuando supo que Jesús había llegado de Judea y se encontraba en Galilea, fue a verlo y le suplicó que bajara a curar a su hijo moribundo. Jesús le dijo: «Si no ven signos y prodigios, ustedes no creen». El funcionario le respondió: «Señor, baja antes que mi hijo se muera». «Vuelve a tu casa, tu hijo vive», le dijo Jesús. El hombre creyó en la palabra que Jesús le había dicho y se puso en camino. Mientras descendía, le salieron al encuentro sus servidores y la anunciaron que su hijo vivía. El les preguntó a qué hora se había sentido mejor. «Ayer, a la una de la tarde, se le fue la fiebre», le respondieron. El padre recordó que era la misma hora en que Jesús le había dicho: «Tu hijo vive». Y entonces creyó él y toda su familia. Este fue el segundo signo que hizo Jesús cuando volvió de Judea a Galilea.



VENIO Y ADORE

Family Formation Sacramental Preparation

## The Eucharist

First Communion: Lesson 2

**MEMORY VERSE:**  
Be sure to practice the memory verse assigned.

**SUPPLIES NEEDED:**  
Bible, pen or pencil

**BEFORE YOU BEGIN:**

1. Parents: read through this lesson.
2. Light a candle to remind you that Jesus is there with you.
3. Pray, asking the Lord to bless your lesson time.

**MIRACLES OF JESUS**  
Jesus heals a boy (John 4:46-54)

Then he returned to Cana in Galilee, where he had made the water wine. Now there was a royal official whose son was ill in Capernaum. When he heard that Jesus had arrived in Galilee from Judea, he went to him and asked him to come down and heal his son, who was near death. Jesus said to him, "Unless you people see signs and wonders, you will not believe." The royal official said to him, "Sir, come down before my child dies." Jesus said to him, "You may go; your son will live." The man believed what Jesus said to him and left. While he was on his way back, his slaves met him and told him that his boy would live. He asked them when he began to recover. They told him, "The fever left him yesterday, about one in the afternoon." The father realized that just at that time Jesus had said to him, "Your son will live," and he and his whole household came to believe. [Now] this was the second sign Jesus did when he came to Galilee from Judea.



# Confirmation

age requirement: 7th grade or older

The norm for sacramental preparation in the Diocese of Orlando is a two-year process: one year of regular attendance at Faith Formation and one year of immediate preparation in a sacrament-specific program.

Here's what this looks like at Holy Family:

Year 1 (typically 6th grade)	consistent participation in a Faith Formation program
	<b>options:</b> religious education through a Catholic school or homeschooling curriculum, <b>OR</b> Faith Formation at the parish ("Chosen" Pre-Confirmation)
Year 2 (typically 7th grade)	the Confirmation (Purpose) program
	<b>What does this entail?</b> 10 Wednesday sessions at the parish, a retreat, and a student workbook with the necessary forms/assignments







Confirmed **teens** assist the elementary children using  
their gifts and talents, and fulfilling  
volunteer hours for school and Bright Futures





# Adult Confirmation

WEEK	DATE	LESSON	INSTRUCTOR
1	Sept 3	Life Choices Sacramental	Mrs. Rose Annabring, Barbara Oliverio
2	Sept 10	We believe in One God	Mrs. Rachel Youngs
3	October 8	The Jesus Question	Fr. Peter Latouf
4	Oct 1, 2015	Prayer	Mr. Peter Brown
5	Oct 1, 2022	The Bible	Mrs. Rachel Youngs
6	November 5	Mary & Saints	Fr. Peter Latouf
7	Nov 1, 2012	Teaching Mass	Fr. Peter Latouf
8	Nov 1, 2019	The Holy Spirit	Mr. Peter Brown
9	December 3	The Church	Mr. David Thomas
10	Dec 1, 2010	Reconciliation	Fr. Peter Latouf
11	Dec 1, 2017	Confirmation Made for Mission	Deacon John Broehl
12	Jan 1, 2014	Holiness is Possible	Deacon John Broehl
		REHERSAL/Practice	
	February 15th 5:00 PM	First Communion Confirmation	

- Adult Sacraments Course 2025
- **Autumn** Date and Time: Wednesdays from **6:30pm to 8:00pm**
- Location: Holy Family Catholic Church (General Flynn Hall)

**\*\*The unbaptized over the age of 7, will have dedicated class times (OCIA), on Sundays within the 10:30 AM Mass.**





# **Hot Topic Nights: Real Conversations for Real Life**

- Join us for a series of Thursday evenings dedicated to discussing the most pressing and challenging issues of our time—from faith and culture to ethics, technology, and social justice.
- These sessions are designed to be respectful, thought-provoking, and grounded in faith, offering a safe space to explore different perspectives and deepen our understanding of the world around us.

Sept 4, October 2, Dec 4, Jan 8, Mar 5, Apr 9, May 7



\*\*Parent Contact Information = primary contact for student

K-5 Family  
Formation  
\$100/family



First Sacraments  
\$50 per student



Pre-Confirmation  
\$50 per student



Confirmation  
\$175 per student



Adult Sacraments



Adult Volunteers



If these fees would prevent your student(s) from attending classes, please reach out to discuss opportunities for a payment plan or scholarship. ***We believe that money should never be an obstacle to receiving Faith Formation or preparing for Sacraments!***







# HOLY FAMILY CATHOLIC CHURCH

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FAITH FORMATION